



# Weekly Meal Plan

BREAKFAST

LUNCH

SNACKS

DINNER

MONDAY



TUESDAY



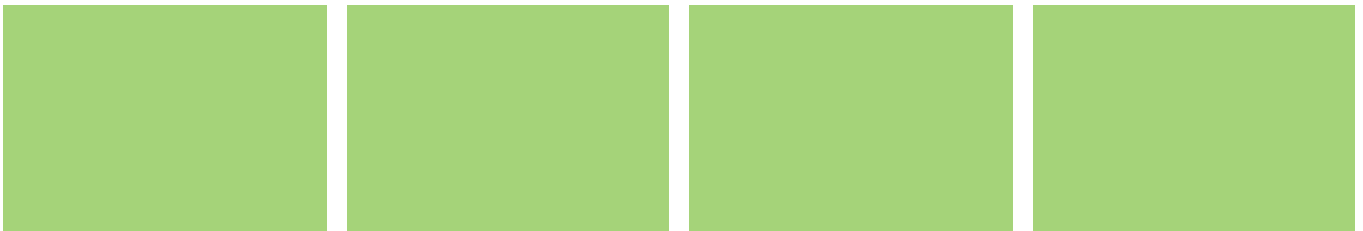
WEDNESDAY



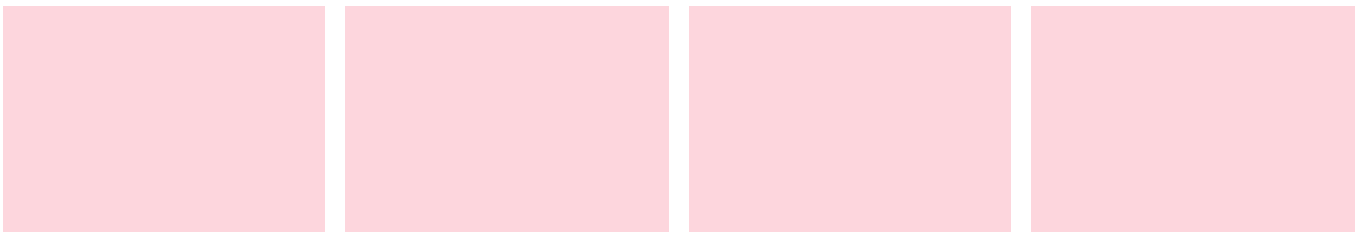
THURSDAY



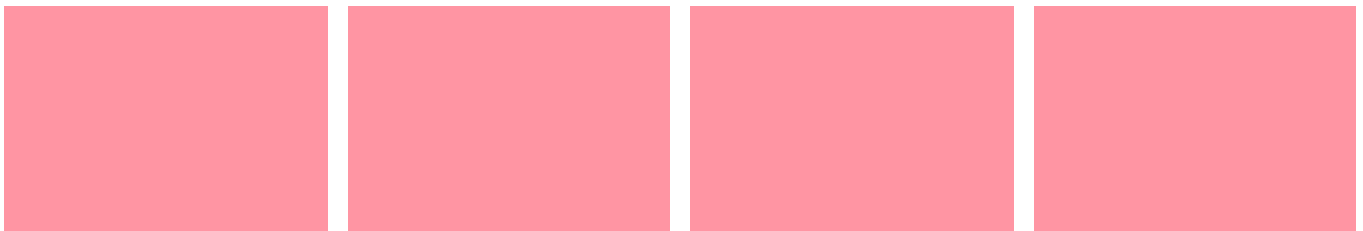
FRIDAY



SATURDAY



SUNDAY





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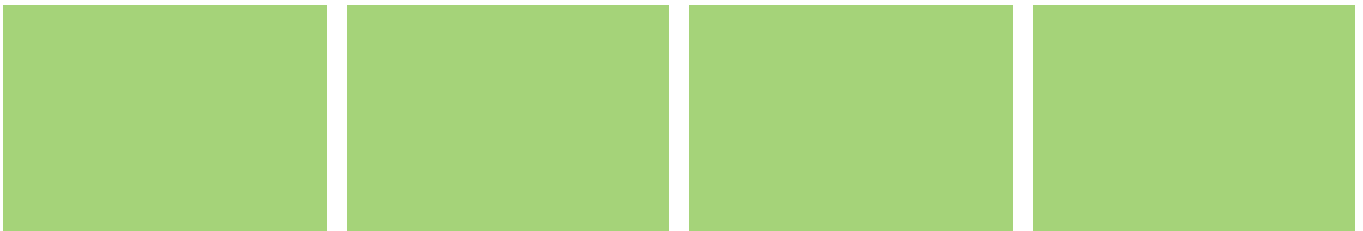
WEDNESDAY



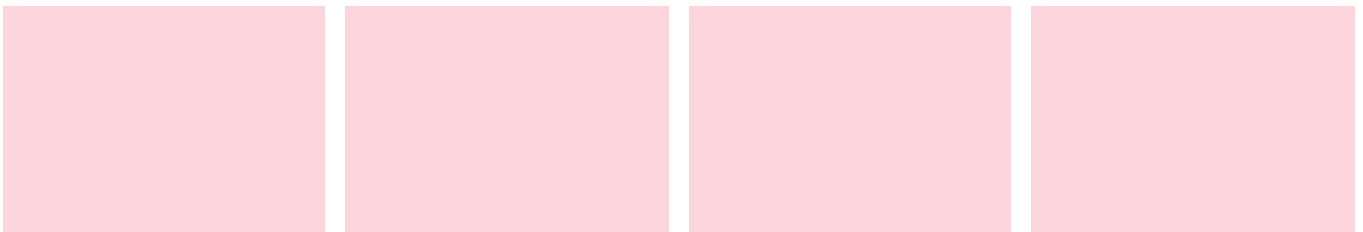
THURSDAY



FRIDAY



SATURDAY



SUNDAY

